

SANDWICHES

BACON CIABATTA - in a toasted Ciabatta
served with chips.....£5.95

SAUSAGE CIABATTA - in a toasted Ciabatta
served with chips & garnish.....£5.95

TOPPED CIABATTA BREAD - rich tomato & herb dressing topped with
mozzarella cheese, grilled until golden brown.....£5.50

HOT TUNA & MOZZARELLA MELT - tender pieces of tuna covered with
Mozzarella & grilled until golden brown.....£5.75

HOT ROAST BEEF - Roast Beef in rich gravy with warm horseradish sauce.
Or Roast Lamb with honey & minted gravy.....£5.75

All the Above Are Served On **Ciabatta** or **Wholemeal Bread**
Add a portion of chips - £2.00

STARTERS

GARLIC BREAD - white Ciabatta smothered in garlic butter, gently grilled.....£1.95

CHEESY GARLIC BREAD - white Ciabatta smothered in garlic butter, topped.....£2.75
with lashings of mozzarella cheese lightly grilled

HOMEMADE SOUP OF THE DAY - served with Ciabatta & butter.....£3.85

HOMEMADE THAI FISH CAKES - three seasoned fish cakes served with
Homemade chilli sauce.....£4.95

PRAWN COCKTAIL - succulent prawns sat on a bed of salad topped with
Marie Rose sauce.....£5.85

MOULES MARINIÈRE - succulent mussels in their shells cooked in white wine,
cream & garlic served with ciabatta bread.....£5.95

BREADED MUSHROOMS - with garlic mayonnaise & dressed salad garnish.....£4.65



TRADITIONAL ENGLISH BREAKFAST

FULL ENGLISH - egg, two rashers of bacon, sausage, tomato, hash brown,
black pudding, mushrooms & baked beans.....£6.50

TOAST - two slices of warm toast with butter & preserve.....£1.50

Add a portion of chips - £2.00

MAIN COURSE

- HERB & LEMON CHICKEN** - breast of chicken, cooked in a herb & lemon sauce served with a selection of vegetables. & new potatoes.....£9.50
- LIVER & BACON** - Pan fried Lambs liver & Bacon sat on mashed potatoes topped with onion gravy, served with a selection of vegetables.....£8.95
- HOMEMADE THAI FISH CAKES** – Four seasoned fish cakes served with chilli sauce, dressed salad garnish chips or New potatoes.....£7.95
- GRILLED SALMON FILLET** - served in lemon & tarragon butter with a selection of vegetables & new potatoes.....£9.25
- GAMMON & EGG** - served with new or chipped potatoes.....£8.65
- WHITBY SCAMPI** – Served with chips.....£8.50
- ROAST TOPSIDE OF BEEF** - served with Yorkshire pudding, roast potatoes, rich gravy, mixed vegetables & new potatoes.....£8.95
- ROAST LAMB** - served with Yorkshire pudding, roast potatoes, rich gravy, mixed vegetables & new potatoes.....£8.95
- ORIGINAL CAJUN CHICKEN WRAP** - slices of chicken with Cajun seasoning Wrapped in a tortilla with melted mozzarella & chips.....£8.75
- 10oz GRILLED SIRLOIN STEAK** – Served with grilled tomato, mushrooms & chips...£13.95
OR - served with pepper sauce. £1.95 extra
- LEMON SOLE FILLETS** – Served in a crabmeat & King prawn sauce. Served with mixed vegetables.....£9.75
- MOULES MARINIERE** – succulent mussels in their shells, cooked in white wine, cream & garlic, served with Ciabatta bread & chips.....£8.25
- STEAK MEAT BALLS** – Seasoned minced steak balls cooked in a rich tomato & basil sauce mixed with Tagliatelle, topped with mozzarella cheese & gently grilled.....£8.95
- PRAWN & SALMON PASTA** - Tagliatelle mixed with prawns & smoked salmon, tossed in a pesto sauce.....£8.95
- PASTA CARBONARA** - Tagliatelle mixed in a creamy sauce with ham, onions & white wine.....£8.95
- CORONATION CHICKEN SALAD** – tender pieces of chicken breast blended with curry flavoured mayonnaise sat on mixed leaf salad.....£8.75
- PRAWN & SALMON SALAD** – succulent prawn parcel wrapped with smoked salmon with mixed leaf salad drizzled with lemon juice, Or if you prefer Marie rose sauce.....£8.75

SIZZLING STIR-FRY SELECTION

Choose either **Chicken - Beef - Pork** or **King prawns**.
Then select the style of cooking you prefer from below:

ORIENTAL SZECHUAN STYLE – a rich tomato and chilli sauce, flavoured with soy sauce & ginger.....£10.25

THAI GREEN OR RED CURRY – a medium hot aromatic curry with coconut & Thai spices.....£10.25

JAPANESE STYLE – a black bean sauce with soy sauce, toasted sesame oil, cream sherry & spices.....£10.25

IN GARLIC & CHILLI - with mixed vegetables.....£10.25

All sizzling dishes served with boiled rice.

Add on a portion of chips - £2.00

VEGETARIAN SELECTION

SPINACH & RICOTTA CANNELLONI – pasta filled with spinach & ricotta covered with a rich creamy cheese sauce.....£8.95

VEGETABLE HOTPOT – Red kidney beans – courgettes – Mixed peppers – carrots & aubergines in a herby tomato sauce topped with sliced potato.....£8.95

MEDITERRANEAN ROASTED VEGETABLE PASTA – Tagliatelle with roasted vegetables cooked in a Tomato & basil sauce.....£8.95

Add a portion of garlic bread - £1.95

SIDE ORDERS

SIDE SALAD WITH DRESSING.....£2.50

NEW POTATOES.....£2.00

CHIPS.....£2.00

WHITE or WHOLEMEAL BREAD or CIABATTA.....£1.25

VAT at current rate is included in our prices

Our dishes may include nuts or nut traces.

All fish dishes particularly fresh fish may contain bones

MICHAEL'S BRASSERIE – 54 LOW PETERGATE – YORK – YO1 7HZ

E-mail – info@galtreslodgehotel.co.uk

LUNCH TABLE D'HOTE MENU

2 COURSES £12.50

3 COURSES £15.00

HOMEMADE SOUP OF THE DAY

Freshly prepared & served with bread roll

PRAWN COCKTAIL

Prawns sat on a bed of lettuce covered with Marie rose sauce

DEEP FRIED BREADED MUSHROOMS

Served with garlic mayonnaise

YORKSHIRE PUDDINGS WITH ONION GRAVY

Two Yorkshire puddings with rich onion gravy



TRADITIONAL ROAST OF THE DAY

Served with Yorkshire pudding & roast potatoes in rich gravy

HOMEMADE PIE OF THE DAY

Please see our daily special board

GRILLED WHOLE TROUT

Served in a lemon & parsley butter

BARBEQUE CHICKEN SUPREME

Oven baked chicken supreme in a rich barbeque sauce. Topped with mozzarella

All served with chips or Mixed Vegetables & New Potatoes.

V. BROCCOLI & CREAM CHEESE PASTA

Tagliatelle with broccoli florets cooked in a creamy cheese sauce & topped with bread crumbs



DESSERTS

HOME MADE CRUMBLE OF THE DAY or TREACLE SPONGE

Above desserts served with either custard, ice cream or cream

LEMON CHEESE CAKE

STICKY TOFFEE PUDDING

Served warm with a scoop of vanilla ice cream

RICH CHOCOLATE FUDGE CAKE

ICE CREAM

(Ask for today's selection)

V. = suitable for vegetarians. All fish dishes & particularly fresh fish may contain bones
Our dishes may include nuts or nut traces.

LUNCH DESSERT MENU

£3.50

HOME MADE LEMON CHEESE CAKE

Smooth & creamy

DARK CHOCOLATE FUDGE CAKE

Served warm with cream

ICE CREAM

ask for today's selection.

STICKY TOFFEE PUDDING

Served warm with a scoop of Vanilla ice cream

HOME MADE FRUIT CRUMBLE

or

HOMEMADE TREACLE SPONGE

Served either with custard, ice cream or cream

EXTRAS

COFFEE or TEA

Why not end your meal with a Liqueur coffee